

2025-2026 Professional Development Annual Report

23

Events

1,856

People
Trained

98%

Overall
Satisfaction



Events: August – September 2025

Foundations of Resilience- Butler Tech Staff Training

40 attended

August 4, 2025

Growing resilience and practicing daily regulation strategies for the staff of Butler Tech's Project Life and Project Search teams who work with students with developmental disabilities.

Foundations of Resilience-YMCA Staff Training

10 attended

August 5, 2025

Growing resilience and practicing daily regulation strategies for the YMCA staff at the Booker T. Washington Center in Hamilton, Ohio who serve low-income youth.

Butler County Social Services Resource Expo

488 attended

August 15, 2025

A community-wide event connecting social services employees and community members with over 100 local resources and non-profits agencies including: basic needs, behavioral health services, education and employment support. **97% Satisfaction Rating**

Resilience Focused EMDR Basic Training

21 attended

August 25 - 29, 2025

Resilience reinforcing EMDR (Eye Movement Desensitization and Reprocessing) is not just trauma informed, it's trauma responsive. Clinicians gained a deeper understanding of the neuroscience and the skills to implement this methodology with their clients. **100% Satisfaction Rating**

Escaping the Quicksand: Supporting People with Histories of Exploitation, Sex-Trafficking, and Unsafe Internet Practices

34 attended

September 5, 2025

Youth struggling with substance use disorder, with previous foster care system involvement, or who have a history of running away are among the most vulnerable to human trafficking. Learn the tactics, understand the signs and how to provide resources & support. **93% Satisfaction Rating**

Soul Bird Consulting: Rosa Parks Elementary

34 attended

September 5, 2025

Rosa Parks is continuing their work building their toolkit of trauma-informed practices, and shifting building culture from being trauma-informed to trauma-responsive. Focus of the time included: regulation, shifting communication patterns, practicing healing in relationships

Events: September – December 2025

Burnout Prevention & Resilience Training

67 attended

September 25, 2025

Burnout signs and science; Evidence-based techniques specifically for helping professions; How to set boundaries with care; Authentic, emotionally-regulated communication strategies; Team practices for collective care and emotional processing. **100% Satisfaction Rating**

Leadership Training: Creating Cultures of Resilience

54 attended

September 26, 2025

Learn to lead resilient teams through: Factors that prevent – or contribute to – burnout; Effective well-being check-ins; Modeling sustainable self-care; Balancing support with boundaries; Creating team agreements for collective resilience. **100% Satisfaction Rating**

Social Services Overview

33 attended

October 2, 9, & 16, 2025

Multi-session training for new employees covering the landscape of social services in Butler County, including referral pathways and eligibility criteria.

2025 Domestic Violence Summit

90 attended

October 17, 2025

The 4th Annual Domestic Violence Summit at Miami University Hamilton featured information regarding Strangulation and Its Hidden Injuries with keynote speaker Dr. William Smock. Resources and community supports were available.

Relational Regulation: Maintaining Boundaries While Fostering Connection

68 attended

December 5, 2025

People navigated the balance between creating safety through connection and maintaining healthy boundaries. Grounded in neuroscience, participants learned how their own internal states influence interactions and how to use co-regulation as a tool without crossing boundaries. Practical strategies through exercises, discussions, and art practices to enhance interactions effectively were taught. **92% Satisfaction Rating**

“This training has been life changing, both personally and professionally.” -EMDR Participant

“It was amazing. I have repeated this information to my supervision group and used in direct practice with my clients.” -Escaping the Quicksand Participant

“The presenter was highly knowledgeable and helpful working through participant's thoughts, comments, questions. very well put together!” -Burnout Prevention and Resilience Participant

Events: February – April 2026

Vapes to Pills: Current Adolescent Drug Trends

99 attended

February 4, 2026

Learn the risks of vaping, cannabis, and fentanyl; understand how youth access these substances; identify the signs of addiction; and discover how to talk with and support a child in crisis.

99% Satisfaction Rating

Beyond the Screen: Uncovering Online Threats & Solutions

76 attended

February 18, 2026

Understand the mental health risks of social media, recognize online predator tactics, identify emerging AI threats, and learn key safety measures for youth.

98% Satisfaction Rating

Danger Zone: Stabilizing Suicide

112 attended

March 6, 2026

This training provides guidance on addressing suicidal issues and equips participants with effective intervention strategies.

99% Satisfaction Rating

Crisis Skills for Community Based Work

87 attended

March 11, 2026

Crisis Skills for Community-Based Work is a practical training for people who work with individuals and families in community and home-based settings. It focuses on real-life situations staff face and offers tools that support safety, connection, and confidence—without losing sight of compassion.

100% Satisfaction Rating

Social Services Overview

30 attended

April 9, 16 & 26, 2026

Multi-session training for new employees covering the landscape of social services in Butler County, including referral pathways and eligibility criteria.

Helping People Change: An Introduction to Motivational Interviewing

62 attended

April 22, 2026

This training equips people with strategies to support those struggling with behavior change. Participants will learn the core principles of motivational interviewing, develop communication skills and interventions to reduce ambivalence toward change and apply tools for managing challenging situations to improve outcomes.

100% Satisfaction Rating

“The statistics and correlation with mental health in teens. The whole workshop I found to be extremely valuable. This is something I will implement with my families and provide information on.”
-Beyond the Screen Participant

Events: April – June 2026

Marijuana: Hidden Risks, Trends, and Harm Reduction Strategies

50 attended

April 29, 2026

Participants learned current trends in marijuana exposures, THC toxicity, overdose recognition and treatment considerations. Prevention and harm reduction strategies were shared to reduce accidental exposure among youth. **100% Satisfaction Rating**

Annual Prevention To Recovery Forum

83 attended

April 29, 2026

The 8th Annual Prevention to Recovery Forum held time for participants to learn about community resources from local providers that support people along the road from prevention to treatment and recovery. It featured a panel of people with lived experiences.

Autism Spectrum & Neurodiversity Panel Discussion

106 attended

April 30, 2026

Presentation and panel on Autism Spectrum Disorders and neurodiversity, referencing over 50 combined years of experiences and from the perspective of special education administrator and advocate, and as a social worker specializing in providing mental health services to people with autism and their families. **95% Satisfaction Rating**

Leading without Losing Yourself

66 attended

May 4, 2026

Professionals face rising demands, overload, and vicarious trauma in systems that prioritize output over impact. This training distinguishes burnout from moral distress, examines chronic stress effects, and reframes sustainability as ethical risk management. Participants gain practical tools and a personalized 30-Day Plan with clear productivity tools, boundary, regulation, and leadership action steps.

Annual Youth Summit

97 attended

June 5, 2026

The annual youth summit held at Miami University this year. Youth handpicked workshops ranging from mental wellness, advocacy, financial literacy, responsible AI use, fitness, gratitude, and personal growth, empowering youth to build skills, and foster connections.

Cultivating Hope: A Framework for Resilience and Growth

49 attended

June 10, 2026

This training offers participants a deep dive into the HOPE framework — a strengths-based model that highlights the foundational experiences that help children grow into healthy, resilient adults. Utilizing the four building blocks of HOPE — Relationships, Environment, Engagement, and Emotional Growth — attendees will learn how to identify, nurture, and apply these key foundations in their work with children, youth, families, or communities. **98% Satisfaction Rating**