

Gifts Inventory: Helping Youth Find Their Place

Everyone has a gift. A gift does not mean expertise.

1. **Gifts of the Hand** (feet and voice) = abilities/skills you can offer to others
2. **Gifts of the Head** = knowledge and the ability to be curious
 - Curiosity is a connector. It also opens doors to new experiences.
 - Chatting, the ability to carry a conversation can connect
3. **Gifts of the Heart** = rewards of relationships
 - interests and passions shared with others
 - hospitality towards others

*Talking with youth about their gifts and sharing their gifts with others,
helps them feel seen, heard, and valued.*

Help youth identify their gifts and then connect how to contribute them to others.

A gift is not a gift until it's given away.

Reflections:

1. What are your gifts? How do you share them with your students?
2. Think of a student that is challenging for you. What gifts do they bring to the classroom?
3. What skills do you have? HINT: Think skills for the classroom, as well as, skills used in your personal life.
4. What are you passionate about? How do you share your passion in the classroom?

How to Help Youth Find Their Place With a Gifts Inventory

Resources

Video:

- [How to Help Youth Find Their Place With a Gifts Inventory by Sarah Buffie](#)

Handouts:

- [Gifts Inventory](#)
- [Belonging Poem by David Whyte](#)

Websites:

- [Inclusion Press](#)

Books:

- *Child Honoring: How to Turn This World Around* Edited by Raffi Cavoukian and Sharna Olfman
- *Community: The Structure of Belonging* by Peter Block

Special thanks to our funders and partners who helped create this video series and accompanying materials:



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